

ELEMENTARY SCHOOL MENU




January 2010

USDA Type A lunch requires students take 3 to 5 food components.

LUNCH: \$2.00, includes a drink

(Drink selections: 1% milk, non-fat chocolate, or apple juice)

“Menu Subject To Change without Notice”

<p>PEANUTS, PEANUT PRODUCTS AND OTHER NUTS:</p> <p>To the best of our knowledge, the Etiwanda School District does not serve peanuts, peanut products, etc. in our school lunch program. We cannot guarantee there has been no cross-contamination at the vendor production plants.</p>								1	
4	5	6	7	8					
<p>Turkey Corn Dog Hot Vegetables</p> <ul style="list-style-type: none"> Chicken Nuggets **Salad Bar Mixed Fruit N/F Choc or 1% Milk 	<p>Curly Spaghetti w/Meat Sauce Cheese Breadstick</p> <ul style="list-style-type: none"> Chicken Nuggets **Salad Bar Pineapple N/F Choc or 1% Milk 	<p>Grilled Cheese Sandwich</p> <ul style="list-style-type: none"> Chicken Nuggets **Salad Bar Peaches N/F Choc or 1% Milk 	<p>Mandarin Orange Chicken w/Rice & Broccoli Fortune Cookie</p> <ul style="list-style-type: none"> Chicken Nuggets **Salad Bar Oranges N/F Choc or 1% Milk 	<p>BBQ Taco Pocket</p> <ul style="list-style-type: none"> Chicken Nuggets **Salad Bar Pears N/F Choc or 1% Milk 	11	12	13	14	15
<p>Non – Student Attendance Day</p> <p>No School Today</p>	<p>Ravioli Cheese Breadstick</p> <ul style="list-style-type: none"> Bean/Cheese Burrito **Salad Bar Applesauce N/F Choc or 1% Milk 	<p>Chicken Patty on a Wheat Bun</p> <ul style="list-style-type: none"> Bean/Cheese Burrito **Salad Bar Peaches N/F Choc or 1% Milk 	<p>Baked Chicken Strips w/Potatoes</p> <ul style="list-style-type: none"> Bean/Cheese Burrito **Salad Bar Oranges N/F Choc or 1% Milk 	<p>Cheese Quesadilla</p> <ul style="list-style-type: none"> Bean/Cheese Burrito **Salad Bar Pears N/F Choc or 1% Milk 	18	19	20	21	22
<p>Martin Luther King Day</p> <p>No School Today</p>	<p>Pizza Day Cheese Pizza</p> <ul style="list-style-type: none"> Chicken Nuggets **Salad Bar Pineapple N/F Choc or 1% Milk 	<p>Burger on a Wheat Bun</p> <ul style="list-style-type: none"> Chicken Nuggets **Salad Bar Peaches N/F Choc or 1% Milk 	<p>Hamburger Gravy w/Potatoes Cookies</p> <ul style="list-style-type: none"> Chicken Nuggets **Salad Bar Oranges N/F Choc or 1% Milk 	<p>Taco Pocket Hot Vegetable</p> <ul style="list-style-type: none"> Chicken Nuggets **Salad Bar Pears N/F Choc or 1% Milk 	25	26	27	28	29
<p>Cheeseburger Mini Twins</p> <ul style="list-style-type: none"> Taco Pocket **Salad Bar Mixed Fruit N/F Choc or 1% Milk 	<p>Turkey Hot Dog on a Bun</p> <ul style="list-style-type: none"> Taco Pocket **Salad Bar Applesauce N/F Choc or 1% Milk 	<p>Bean & Cheese Tostada Tortilla Chips</p> <ul style="list-style-type: none"> Taco Pocket **Salad Bar Peaches N/F Choc or 1% Milk 	<p>Baked Chicken w/Potatoes</p> <ul style="list-style-type: none"> Taco Pocket **Salad Bar Oranges N/F Choc or 1% Milk 	<p>Pizza Day Cheese Pizza</p> <ul style="list-style-type: none"> Taco Pocket **Salad Bar Pears N/F Choc or 1% Milk 					

Seasonal Fresh Fruit When Available

• **2nd Entrée choice** is available on a limited basis & will consist of one or more of the following:

Bean & Cheese Burrito Corn Dog
Chicken Nuggets Taco Pocket
Chef's Choice

****SALAD BAR** may consist of:

Tossed Salad	Apples
Carrot Sticks	Yogurt
Peas	Cottage Cheese
Green Beans	Raisins
Cucumber Slices	Pears
Celery	Peaches
Olives	Oranges
Pickles	Mixed Fruit
Jicama	Kiwi
Corn	Applesauce
Tomatoes	Pineapple Spears
Croutons	Tangelos
Bacon Bits	Grapes
Sour Cream	Bananas

DRESSINGS: Italian, Ranch, or 1000 Island

DRINKS:

A La Carte (without purchase of a type A lunch): Drinks are **25¢** each and may include 1% milk, non-fat chocolate, apple juice or water.

HOW TO PAY FOR LUNCH

- 1) **ezschoolpay.com** – sign up and take advantage of this on-line service. View your student's lunch account balance and make payments. Contact your school office or kitchen manager for your student's permanent ID #.
- 2) **Cash/check** – Make checks out to **Child Nutrition**. Place payment in an envelope with your student's name and lunch number.

HEALTHY FAMILIES

The Healthy Families Program through Medi-Cal offers health coverage for children. For more information, please call Healthy Families Program at (800) 880-5305 or contact our District Nurse at (909) 899-2451.

Reminder – students are reminded two days prior to using their last pre-paid lunch. If another pre-pay is not received within a day, students are given a loan and will be required to repay the loan at the daily price of \$2.00. Please remember that only 3 loans are allowed.

Visit the district website at www.etiwanda.org to view the current lunch menu and obtain other Child Nutrition materials, including the District Wellness policy and applications for free/reduced price meals.